



RADiation *Worksheet*

Reflection | Application | Discussion

Week of March 22

Resilience is being so secure in God's grace that we don't need to use judgment to feel powerful.

DISCUSSION & PRAYER ([PHILIPPIANS 4:6-7](#))

What has God done that you are thankful for this week?

What challenge are you facing?

DISCOVERY TEXT

[Matthew 7:1-6](#)

REFLECTION *Listening for God*

- The Humor of Jesus:** Why do you think Jesus used such a ridiculous image (a roof beam in an eye) to talk about our tendency to judge?
- The Grace Bottleneck:** Jesus said, "Do not judge others, and you will not be judged." How is a person's ability to extend grace to other people connected to their ability to receive grace themselves?

APPLICATION *Following Him*

- The "Us" Perspective:** It feels natural to respond with rage or superiority when we hear a news story or encounter a person that makes us feel judgmental. If we responded by praying, "*Lord, have mercy on US,*" how might that affect our internal feeling of rage or superiority?
- Speck Surgery:** Jesus doesn't say never help someone with the speck in their eye; He says wait until you can see clearly. Is there someone you've been trying to "fix" while your own beam (pride, anger, judgmentalism) is in the way? What would it look like to focus on your own beam this week instead of their sawdust?

NOTE: If you haven't put your small group social on the calendar yet, please be sure to do so!