



RADiation *Worksheet*

Reflection | Application | Discussion

Week of February 27

Key Idea: The peace of God includes mindset and action.

DISCUSSION & PRAYER (PHILIPPIANS 4:6-7)

What has God done that you are thankful for this week?

What are you worried about?

SCRIPTURE

Philippians 4:1-13

(Read this chapter on your own and aloud as a group.)

REFLECTION

What are some ways living as a disciple of Jesus can help someone's health (mental, emotional, physical)?

When and how should we help connect someone to professional healthcare providers?

APPLICATION

Think of a positive memory with God and express appreciation in a brief paragraph.

Each week, you share something you are thankful for and something you are worried about so that your small group can pray together. The expectation is that you will experience peace from God. What does peace from God look like in everyday life?

NOTE: Your small group social and your service project should be coming up soon! Remember to pray for each other and for the people you will be serving.