



# RADiation Worksheet

Reflection | Application | Discussion

Week of November 13

We all carry unhealthy preferences and patterns from our past; God adopts us into a future of health and hope.

## DISCUSSION & PRAYER ([PHILIPPIANS 4:6-7](#))

*What has God done that you are thankful for this week?*

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*What are you worried about?*

## SCRIPTURE

**[Romans 8:15-17](#)**

(Read these verses on your own and aloud as a group.)

REFLECTION

As you read (or listen to) [Romans 8:15-17](#), what are some things we learn about human beings from the text?

Calling the Holy God, “Abba, Father” (essentially “Daddy”), would have been scandalous to many first century Jews. What do we learn about God from Paul’s use of this title for our Heavenly Father ([Romans 8:15](#), [Galatians 4:6](#))?

## APPLICATION

*To what extent have you identified patterns (healthy or unhealthy) affecting multiple generations in your own family?*

*Some people might argue that patterns from your family of origin are irrelevant now that you are living a new life in Christ; “The old life is gone; a new life has begun!” ([2 Corinthians 5:17](#)). How might you respond to that?*

*What are one or two “earthquake” events from your past that have shaped your present, such as the death of a family member, and unexpected pregnancy, divorce, addiction, or financial disaster? (Do not feel obligated to share out loud.) To what extent have you processed the impact of those events?*

NOTE: Keeping track of your group’s prayers from week to week allows you to look back and see how God is working in, through, and around your group. If you have a great story to share, email [rachael@newdaywi.com](mailto:rachael@newdaywi.com) so she can celebrate with you!