



# RADiation *Worksheet*

Reflection | Application | Discussion

Week of January 25

When we keep looking up, everything comes  
into focus.

## DISCUSSION & PRAYER ([PHILIPPIANS 4:6-7](#))

*What has God done that you are thankful for this week?*

---

---

---

---

---

*What challenge are you facing?*

## DISCOVERY TEXT

### [Psalm 8](#)

(Read this passage on your own and aloud as a group.)

REFLECTION

1. Imagine David having these thoughts as a young shepherd. How do you think his perspective here may have prepared David to defeat Goliath ([1 Samuel 17](#))?
2. What is something in nature that leads you to awe and wonder?

## APPLICATION

1. Some people say that science provides all of the explanations we need in life, and yet it can't answer questions like, "Why do we exist?" How do you personally harmonize science (study of the natural world) and theology (belief in a supernatural God)?
2. How will you remember to "keep looking up" in 2026?

NOTE: It's the first week of Small Group! Use the [Small Group Covenant](#) as a guide to help set expectations for your group. Also start thinking about planning a service project that reaches outside the church, and a social that helps build relationships within your group.