



BREAKTHROUGH

21 DAYS OF PRAYER & FASTING

2025



Photos by Jaclyn Zastrow.

Left: December 7, 2022, Parkishon, Kenya
after four years of drought.

Right: January 30, 2024, after the rain
returned.

What Breakthrough Are You Seeking?

“God, you are my God; I earnestly search for you. My soul thirsts for you; my whole body longs for you in this parched and weary land where there is no water.”

–Psalm 63:1 (NLT)

Fasting and prayer are practices that Jesus modeled and that His disciples have continued for over 2,000 years. What spiritual breakthroughs will you focus on during your 21-day experience?

Heart. Are you feeling spiritually dried up? Is there a sinful pattern you need to break? An attitude that needs to change? A grudge you need to release? A confession you need to make? What fear keeps you from living out loud for Jesus? What barriers keep you from taking your next big step of faith?

Household. Who in your family has not yet put their faith in Jesus? What relationships are strained or broken? Is someone battling an illness or an addiction?

Neighborhood. How aware are you of your neighbor’s goals and challenges? Do you live in a close-knit community, or are people more isolated from each other? What would it take for you and your neighbors to gather together and praise God?

Nations. New Day has “adopted” the Samburu and Rendille people in Northern Kenya, so you will see prayer prompts about them. God may be putting other nations (or “people groups”) on your heart too, including people groups who live within our own national boundaries.

Fasting helps us focus. It is the act of intentionally letting go of something that gives you comfort (certain foods, social media, news/entertainment...), and then letting your discomfort remind you to go to God in prayer, to call out to Him for breakthroughs, and to open yourself to His will.

I pray that God would use this fasting and prayer initiative to break through spiritual barriers in hearts, households, neighborhoods and nations. May we receive Him like a parched and weary land receives the rain. Amen!

Aaron Winowski

Pastor of New Day Christian Church
Weston, WI

Worldwide Breakthrough: An Explanation of New Day's Partnership with Lifeway Global



Lifeway Global

Who is Lifeway Global?

Lifeway Global (lifewayglobal.org) is a Kenya-based missions organization that has catalyzed one of the most explosive movements of God in our lifetime. Over the past two decades, millions of people in East Africa with backgrounds in Islam, shamanism and witchcraft have become disciples of Jesus. Out of obedience to Jesus, those disciples are reaching the next unreached people groups.

How did Our Partnership Begin?

In 2021, New Day was invited by Lifeway Global to participate in a vision trip to Northern Kenya. We visited people from the Samburu and Rendille people groups. Dr. Aila Tasse, founder of Lifeway Global, referred to them as “gateway tribes,” meaning that God has positioned them to bring the Gospel to other unreached people groups. After the vision trip, we accepted Lifeway’s invitation to continue connecting with the Samburu and Rendille people.

What is the Goal?

Our primary goal is to make more disciples, across the street and around the world. We’ll do that by encouraging and supporting disciples among the Samburu and Rendille tribes as they make more disciples. As we do that, New Day is learning about Disciple-Multiplying Movements (DMM). Lifeway Global has catalyzed DMMs among dozens of people groups. Along with hundreds of other churches across North America, New Day is taking a closer look at Scripture and at multiplying movements in order to learn and practice the habits of multiplying disciples. We’re praying for DMMs to continue in East Africa, and to spread to North America.

This Year’s Breakthrough

Sabaya, the leader of the Samburu/Rendille Disciple-Multiplying team, said in a recent Zoom call that they are facing a language barrier. While the Samburu and Rendille tribes often live side by side, they come from different backgrounds and speak distinct languages. Lifeway has a plan to help. They record people reading Scripture in local dialects, and then equip disciple-makers with audio bibles. One audio bible can help an entire village hear and obey God’s Word together. In our recent Christmas offering, New Day raised enough money to provide fifty audio bibles to help Sabaya’s team break through the language barrier. Praise the Lord!

WEEK 1: YOUR HEART—A BREAKTHROUGH IN FAITH

DAY 1 JANUARY 26, 2025

Scripture: *Isaiah 43:19 (NASB 2020) "Behold, I am going to do something new, Now it will spring up; Will you not be aware of it? I will even make a roadway in the wilderness, Rivers in the desert."*

Prayer Prompt: Ask God to open your eyes to the new things He is doing in your heart, your household, your neighborhood, and the nations. Ask Him to give you faith to trust His plan.

A "New Thing" Among the Nations: "The arid northern parts of Kenya are home to tribes like the Gabra, Rendille, Borana, Burji, and Daasanach, all classified (currently, or up until recently) as Unreached People Groups (UPGs)... I knew that bringing these people groups into God's kingdom was the 'new thing' God was going to perform." –Dr. Aila Tasse, *Cabbages in the Desert* (p23)



This "new thing" (Isaiah 43:19) became a movement of multiplying disciples called Lifeway Global. In the first three months of 2024, God added 1,556 new Discovery Bible Studies, 891 new churches, and 1,422 leaders trained in East Africa alone. What will it take for the number of Christ-followers to grow in North America, where Christianity has been in decline for decades?

JANUARY 27, 2025

Scripture: *Mark 9:23–24 (NLT) “‘What do you mean, “If I can”?’ Jesus asked. ‘Anything is possible if a person believes.’ The father instantly cried out, ‘I do believe, but help me overcome my unbelief!’”*

Prayer Prompt: Bring your doubts to God and ask Him to strengthen your faith for the breakthroughs you are seeking.

Answered Prayer: Sabaya, the Samburu/Rendille Team Leader



On Monday, January 15, 2024, Sabaya brought his younger sister to school in rural Northern Kenya. Her tuition was due, and the cost was twice as much as Sabaya had. On that same day, on the other side of the world, Sabaya was featured in New Day’s 21 Days of Prayer guide. We prayed specifically for Sabaya, including a petition to God that He would meet Sabaya’s every need. Back in Kenya, when Sabaya presented half the money required for his sister’s tuition, the school told him, “This is fine; you are paid in full.” How is God meeting your every need today (Matthew 6:33, 2 Corinthians 9:6-8)?

PRAYER JOURNAL

Note: Online Prayer Gathering: Monday mornings 7:00-7:30 (Regional - Wisconsin/U.P. DMM Network) and Tuesday nights 6:00-6:30 (Local - New Day). Use the QR codes on the back cover to connect.

DAY 4

JANUARY 29, 2025

Scripture: *Matthew 17:20b (NLT) "I tell you the truth, if you had faith even as small as a mustard seed, you could say to this mountain, 'Move from here to there,' and it would move. Nothing would be impossible."*

Prayer Prompt: Ask God for faith that moves mountains and the boldness to act on His promises.

What is the last big step of faith you took?

What is the next big step of faith He is preparing you for?

PRAYER JOURNAL

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JANUARY 30, 2025

Scripture: *Romans 10:17 (NLT)* “So faith comes from hearing, that is, hearing the Good News about Christ.”

Prayer Prompt: Pray for your faith to increase as you hear Scripture and respond with obedience to God.



The Race to Help the Rendille Hear the Good News

Somali Muslims have made a push to convert Rendille villages in Northern Kenya. When that happens, one of the first rules set by the village's new religion is that they cannot allow Christians to come around. On the other hand, Rendille people who hear and embrace the Good News of Jesus learn to follow His commands to love and to be a light to the world. Sabaya (who is Samburu, not Rendille) tells us the language barrier is their biggest challenge right now. New Day's special Christmas offering raised enough money to purchase 50 audio bibles that will make it possible for Sabaya and his team to bring Scripture to Rendille people in their own language. Pray for God to raise more Rendille-speaking leaders in Northern Kenya.

DAY 6

JANUARY 31, 2025

Scripture: *Ephesians 3:20 (NLT)* "Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think."

Prayer Prompt: Praise God for His limitless power and pray for a vision of the breakthroughs He desires in your life.



PRAYER WALK: FEBRUARY 1 AT 9AM

PRAYER JOURNAL

DAY 7

FEBRUARY 1, 2025

Scripture: *Psalm 34:17–18 (NLT) “The LORD hears his people when they call to him for help. He rescues them from all their troubles. The LORD is close to the brokenhearted; he rescues those whose spirits are crushed.”*

Prayer Prompt: Thank God for being near in your struggles and ask Him to bring breakthrough in areas of brokenness.

How has fasting from something affected your prayer life over the past week?

What adjustments do you need to make in order to rely more fully on God over the next two weeks?

PRAYER JOURNAL

NOTE: In-Person Prayer Gathering: Saturday morning prayer walk 9:00-12:00, starting at New Day’s Ministry Center.

WEEK 2: YOUR HOUSEHOLD AND NEIGHBORHOOD— BREAKTHROUGH IN RELATIONSHIPS

DAY 8

FEBRUARY 2, 2025

Scripture: *John 13:34–35 (NLT) “So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples.”*

Prayer Prompt: Pray for a heart that reflects Christ’s love, asking God to help you love others unconditionally, even when it’s hard.

PRAYER JOURNAL _____

NOTE: Online Prayer Gathering: Monday mornings 7:00-7:30 (Regional - Wisconsin/U.P. DMM Network). Use the QR code on the back cover to connect.

DAY 9

FEBRUARY 3, 2025

Scripture: Colossians 3:13 (NLT) "Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others."

Prayer Prompt: Ask God to reveal areas of unforgiveness in your heart. Pray for the strength to forgive as He forgives you.

PRAYER JOURNAL

Lined area for writing a prayer journal entry.

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DAY 10

FEBRUARY 4, 2025

Scripture: *Matthew 5:23-24 (NLT) "So if you are presenting a sacrifice at the altar in the Temple and you suddenly remember that someone has something against you, leave your sacrifice there at the altar. Go and be reconciled to that person. Then come and offer your sacrifice to God."*

Prayer Prompt: Ask God to show you where reconciliation is needed in your relationships. Pray for humility and wisdom to make amends.

PRAYER JOURNAL

NOTE: Online Prayer Gathering: Tuesday nights 6:00-6:30 (Local - New Day) and Wednesday mornings 6:00-7:00 (International - Lifeway Global). Use the QR codes on the back cover to connect.

DAY 11

FEBRUARY 5, 2025

Scripture: 1 Corinthians 13:4–7 (NLT) *“Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged. It does not rejoice about injustice but rejoices whenever the truth wins out. Love never gives up, never loses faith, is always hopeful, and endures through every circumstance.”*

Prayer Prompt: Reflect on how you can show patient and kind love in your relationships. Ask God to grow His love within you.

PRAYER JOURNAL _____

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FEBRUARY 6, 2025

Scripture: *Romans 12:18 (NLT)* "Do all that you can to live in peace with everyone."

Prayer Prompt: Ask God to help you pursue peace in your relationships and to guide you in handling conflicts with grace.



Consider taking a prayer walk this weekend with a family member, friend, or Small Group member.

Where would God want you to go? Around your own block? A different neighborhood? Near certain businesses? In a store?

Start preparing for Backyard Missions. It's not too early to take note of households we could serve in Backyard Missions this summer. How can you use acts of service as a bridge to share the Good News of Jesus with your neighbors?

After your prayer walk... What/who did God bring to your attention along the way? Where do you feel like God is leading you to pray next?

DAY 14

FEBRUARY 8, 2025

Scripture: Psalm 133:1 (NLT) *“How wonderful and pleasant it is when brothers live together in harmony!”*

Prayer Prompt: Pray for unity within your family, church, and community. Ask God to break down barriers of division and build bridges of harmony.

PRAYER JOURNAL

WEEK 3: THE NATIONS–WORLDWIDE BREAKTHROUGH

Special Feature: Meet the Samburu/Rendille (S/R) Team

Over the last three years, New Day has watched a movement develop among the Samburu and Rendille (S/R) villages in Northern Kenya. Villages that had only recently heard the name of Jesus in our first year are now sending people to leadership training.

Every level of Lifeway Global's Disciple-Multiplying Movements (DMM) includes the same five key leadership responsibilities. The S/R team is no exception. Please pray for these indigenous leaders as they help their own people groups grow in Christ, and equip them to reach the unreached people groups around them.

- Team Leader, Sabaya
- Prayer Coordinator, Peter
- Resource Mobilizer, Alice
- Data Collector, Ezekiel
- Training Coordinator, William

New Day's financial contributions have helped provide life-saving drought relief (which opened doors for conversations about Jesus), a physical training center centrally located for the S/R people, and audio bibles. Our visits and prayers have encouraged leaders and generated momentum. When we go to remote villages in Kenya, people gather to find out why American people came from the cold to visit them in the desert. They find out that it's because Jesus invites us all to be brothers and sisters together with one Heavenly Father!



Alice (S/R Resource Mobilizer),
Sabaya (S/R Team Leader),
Woche (Regional Coordinator),
David, Aaron



Joshua (National Data Collector),
Peter (S/R Prayer Coordinator)



On a Zoom call with
Ezekiel (S/R Data Collector) and
Sabaya (S/R Team Leader)



Lily, William (S/R Training
Coordinator), and Joshua (National
Data Collector) at William's home

FEBRUARY 9, 2025

Scripture: *Psalm 67:1–2 (NLT) “May God be merciful and bless us. May his face smile with favor on us. May your ways be known throughout the earth, your saving power among people everywhere.”*

Prayer Prompt: Pray for God’s grace and blessing to overflow in your life and church, leading to the spread of His salvation to the nations.

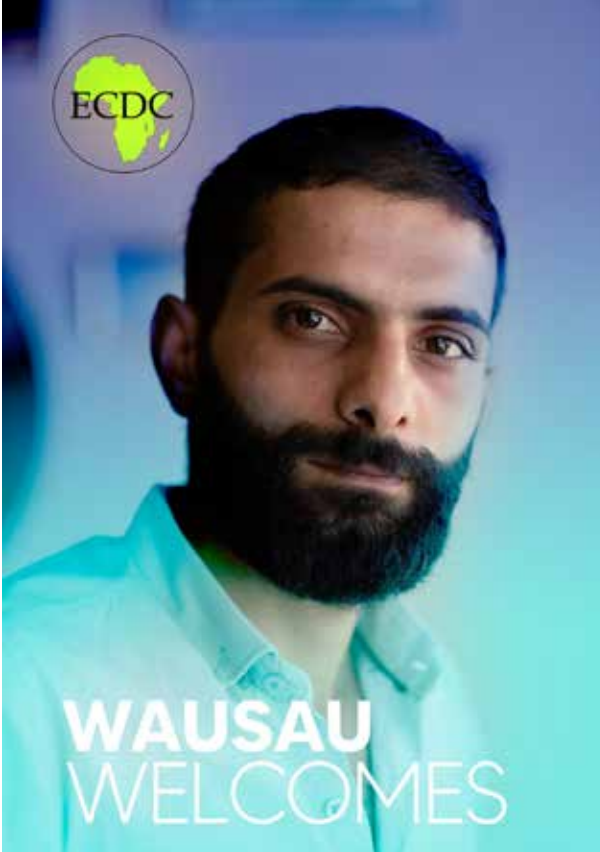
PRAYER JOURNAL _____

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FEBRUARY 11, 2025

Scripture: *Isaiah 56:7 (NLT) "I will bring [faithful foreigners] to my holy mountain of Jerusalem and will fill them with joy in my house of prayer. I will accept their burnt offerings and sacrifices, because my Temple will be called a house of prayer for all nations."*

Prayer Prompt: Ask God to make your heart and church a place of prayer for all nations. Pray for a global vision of His kingdom work.



The Nations Are Coming To Us. Over the last three years, Central Wisconsin has become home to over 500 legal refugees (people fleeing persecution and disasters) from Afghanistan, Somalia, Zimbabwe, Guatemala, Congo, Venezuela, Malaysia, Colombia and Syria. What would God have you do to help them meet, know and follow Jesus? Visit eccdcausau.org for more information.

DAY 18

FEBRUARY 12, 2025

Scripture: *Matthew 24:14 (NLT) "And this gospel of the kingdom will be preached in the whole world as a testimony to all nations, and then the end will come."*

Prayer Prompt: Pray for missionaries, church leaders, and believers worldwide who are carrying the Gospel. Ask God to use you as part of His plan to reach the nations.

PRAYER JOURNAL

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DAY 19

FEBRUARY 13, 2025

Scripture: Revelation 7:9–10 (NLT) “After this I saw a vast crowd, too great to count, from every nation and tribe and people and language, standing in front of the throne and before the Lamb. They were clothed in white robes and held palm branches in their hands. And they were shouting with a great roar, ‘Salvation comes from our God who sits on the throne and from the Lamb!’”

Prayer Prompt: Pray for the fulfillment of this vision of heaven. Ask God to bring unity among believers of all nations, tribes, and languages as we worship Him together.

PRAYER JOURNAL

NOTE: Thursday mornings 7:00-7:30 (Regional - Wisconsin/U.P. DMM Network). Use the QR code on the back cover to connect.

DAY 20

FEBRUARY 14, 2025

Scripture: Psalm 2:8 (NLT) *"Only ask, and I will give you the nations as your inheritance, the whole earth as your possession."*

Prayer Prompt: Intercede for leaders and governments around the world. Pray for God's justice, wisdom, and peace to reign in nations facing conflict or corruption.

PRAYER JOURNAL _____

FEBRUARY 15, 2025

Scripture: *Matthew 9:36–38 (NLT)* “When he saw the crowds, he had compassion on them because they were confused and helpless, like sheep without a shepherd. He said to his disciples, ‘The harvest is great, but the workers are few. So pray to the Lord who is in charge of the harvest; ask him to send more workers into his fields.’”

Prayer Prompt: Ask God to raise up workers for the harvest. Pray for boldness and obedience in responding to God’s call to participate in His mission to the nations.

PRAYER JOURNAL _____

Reflect and Respond:

- What has God done within you over the last 21 days?
- What have you seen God do around you over the last 21 days?
- How does a global perspective (praying for the nations) affect your local perspective (praying for your neighborhood)?
- What do you expect God to do in Central Wisconsin as disciples of Jesus continue to emphasize prayer? What would it look like for God to exceed your expectations?

BREAKTHROUGH

21 DAYS OF PRAYER & FASTING
2024

Grow Your Prayer Life With Online Prayer Gatherings

Every multiplying movement of God has been preceded by disciples of Jesus uniting in prayer. There are ongoing prayer gatherings where people from New Day regularly connect with each other and with other disciples. You do not have to pray out loud if you don't want to. One of the best ways to learn more about prayer is to spend time with people who are doing it. This 21 Days of Prayer and Fasting initiative is a perfect time to add one or more of these online gatherings to your calendar.



< **Local - New Day in Weston, WI**
Tuesday Nights 6:00-6:30 p.m.



< **Regional - The Wisconsin and Upper Peninsula Disciple Making Movements (WI/UP DMM) Network**
Monday and Thursday Mornings (except 3rd Thursday) 7:00-7:30 a.m.



< **National - Lifeway USA**
Monthly on the 3rd Thursday 7:00-8:00 a.m.



< **International - Lifeway Global**
Wednesday Mornings 6:00-7:00 a.m.