



RADiation *Worksheet*

Reflection | Application | Discussion

Week of March 1

Resilience grows when we look at the world
with generous eyes.

DISCUSSION & PRAYER ([PHILIPPIANS 4:6-7](#))

What has God done that you are thankful for this week?

What challenge are you facing?

DISCOVERY TEXT

[Matthew 6:22-23](#)

(Read this passage on your own and aloud as a group.)

REFLECTION *This is the "listening" part of "Anyone who listens to my teaching and follows it..." ([Mt 7:24](#))*

- The Spotlight:** Your eye is like a lamp (or a spotlight). We can point it towards things that make us feel worried (darkness) or things that remind us of God's goodness (light). How is this any different from being an optimist who sees the glass as half full, rather than half empty?
- The "Good Eye":** Read [Proverbs 22:9 in the NASB](#), including the footnote. A "good eye" is a "generous eye." Why do you think it is easier to be generous when we believe God is actually with us?

APPLICATION *(This is the "...and follows it..." part. ([Mt 7:24](#).)*

- The God-Sighting:** In our Small Group prayer pattern, we begin by sharing something God has done this week that you are thankful for. How do you see that pattern (from [Philippians 4:6-7](#)) contributing to your Christ-centered resilience?
- Generous Vision:** This week, who is one person you can look at with a "good eye" (generosity) instead of an "evil eye" (judgment or stinginess)? What is one small way you can show them that God loves them?

NOTE: We're about halfway through the Small Group term. As you get ready for your service projects, talk about what unique contribution each person could make. If you have questions or need support, email aaron@newdaywi.com.