



RADiation *Worksheet*

Reflection | Application | Discussion

Week of February 6

Key Idea: The greatest blessings come from living like Jesus.

DISCUSSION & PRAYER (PHILIPPIANS 4:6-7)

What has God done that you are thankful for this week?

What are you worried about?

SCRIPTURE

[Matthew 5:1-12](#)

(Read this chapter on your own and aloud as a group.)

REFLECTION

The word “blessed” (Greek: makarios) essentially means “happy.” Happy are the poor, the mourner, the persecuted? This indeed sounds like an upside-down teaching from Jesus. There are many voices around us teaching very different messages. How would some modern advertisers finish this statement: “Happy are those who...”?

Looking at the passage above, what are some ways you have experienced happiness (or blessing) as Jesus defines it?

APPLICATION

In verse 4, Jesus says those who mourn are blessed (happy). What is a loss you have experienced recently? What would it look like to let God comfort you and turn your mourning into happiness?

Look back at the passage and pick one of the statements that seems particularly challenging to you. Prayerfully consider why it feels challenging. What do you think God wants you to do about it?

NOTE: It’s the fourth week of Small Group! When you have a plan for a service project, email rachael@newdaywi.com to let her know what it is.