



RADiation *Worksheet*

Reflection | Application | Discussion

Week of November 9
To start fresh, we must confess.

DISCUSSION & PRAYER ([PHILIPPIANS 4:6-7](#))

What has God done that you are thankful for this week?

What challenge are you facing?

DISCOVERY TEXT

[Psalm 51](#)

(Read this passage on your own and aloud as a group.)

For additional context, you may also want to read [2 Samuel 11](#) and/or [2 Samuel 12:1-15](#)

REFLECTION

1. What stands out to you from this passage?
2. Even though David repented and asked for forgiveness, there were still consequences for his sins. How can confession be both damaging and healing?

APPLICATION

1. Read [1 John 1:8-9](#). How does knowing that God is “faithful and just” impact your willingness to confess your failures? Why do you think His justice is included in this promise of forgiveness?
2. Confession often involves specific repentance. What is one practical step you can take in the next few days to “turn away” from a sin you’ve acknowledged, actively living out your confession? (Ask for a couple of people who are willing to share an example.)

NOTE: If you haven’t put your small group social on the calendar yet, please be sure to do so!